



AFTB Overview



**Empowering Families
for the 21st Century**



What is Army Family Team Building?

Training to Enhance Personal and Family Readiness of the Army





Mission Statement

***To educate and train the Army
in knowledge, skills, and
behaviors designed to prepare
Army families to
move successfully into the 21st
Century.***





Family Member Training Modules

LEVEL I

9 courses
9 hrs. 35 mins

- ◆ **Military terms, acronyms, customs, and courtesies**
- ◆ **Introduction to chain of command and chain of concern**
- ◆ **Family and military expectations**
- ◆ **The impact of unit mission on family life**

LEVEL II

19 courses
20 hrs. 35 min.

- ◆ **Introduction to effective leadership**
- ◆ **Management skills: Communication / conflict management**
- ◆ **Family support groups**
- ◆ **Benefits, entitlements, and compensation**

LEVEL III

14 courses
17 hrs. 40 min.

- ◆ **Enhancing leadership skills**
- ◆ **Problem Solving for Leaders**
- ◆ **Developing presentations**
- ◆ **Understanding the Total Army and the Political Issues**
- ◆ **Effective Public/Media Relations**



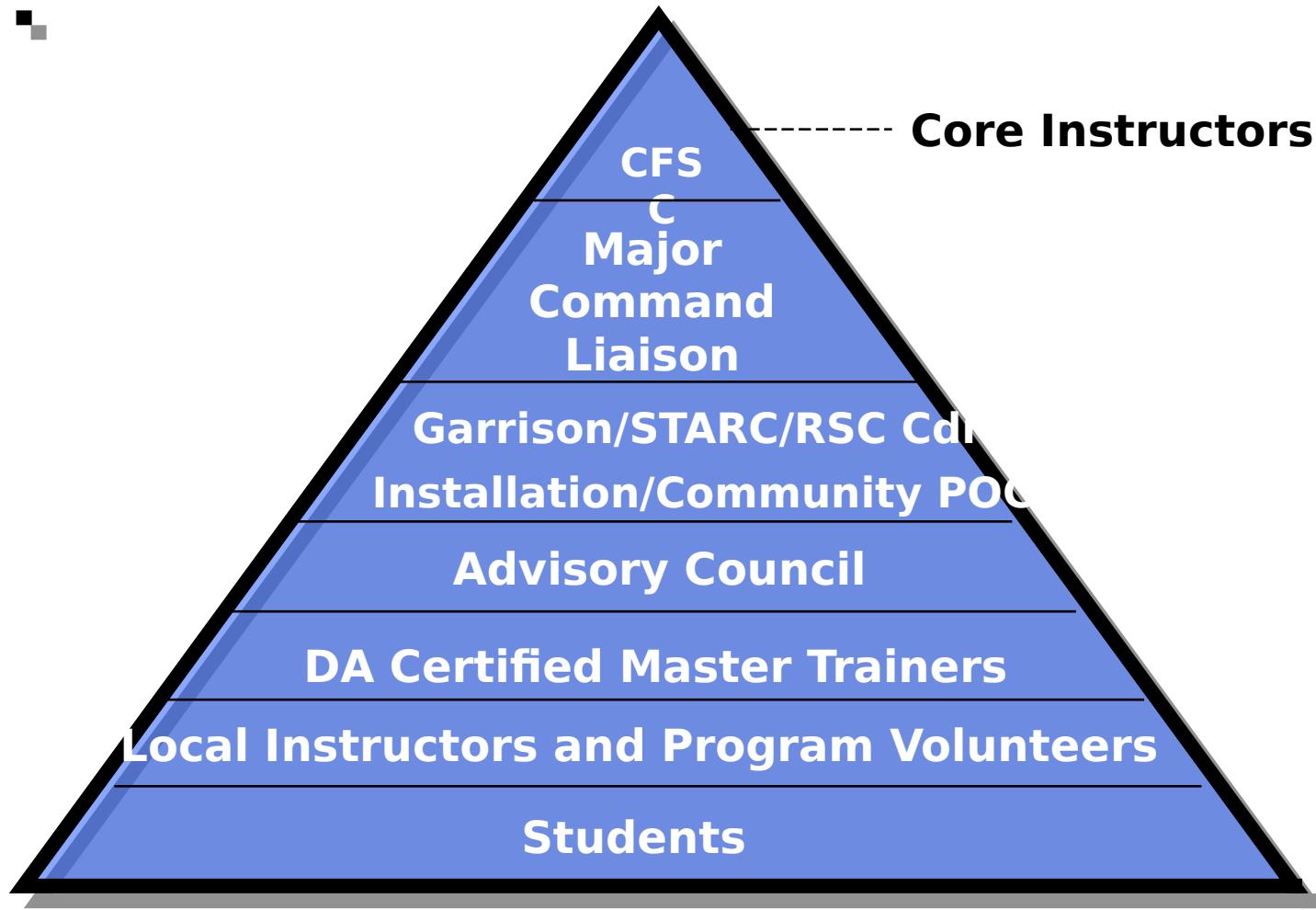
How AFTB Benefits the Army Mission...

- **Soldiers can concentrate on Army mission**
- **Reinforces Army values**
- **Enhances Army leadership goals**
- **Develops realistic expectations, resulting in less frustration and confusion**
- **COMBAT MULTIPLIER AND READINESS ENHANCER**





How is AFTB Structured?





AFTB Master Trainers

- Master Trainers play a key role in local AFTB
 - Assist with program implementation
 - Enhance sustainment for on-going programs
 - Serve as spokespersons and advisors
 - Establish and conduct local AFTB Instructor Training Programs
 - Teach Levels I, II, and III
- Master Trainers are trained by Core Volunteer Instructors, certified by Department of Army
- Asset to local community
- Committed to work “one-year” for AFTB

CFSC
FUNDS ALL
COSTS





Who Owns AFTB?

- **Conceived and developed by Army families for Army families**
- **Approved by General Sullivan and SMA Kidd**
- **Thumbprint of General Shinseki and SMA Hall to move families forward to the 21st Century**
- **Ownership belongs to Army families**





The Commander Is in Charge...

- **Create an environment in which FAMILY MEMBERS**
 - are owners in local design and decision making
 - manage sustainment of their program
- **Provide logistical and administrative support**
- **Listen and evaluate feedback**
- **Attend local AFTB policy councils and AFTB functions**



Evaluation Results

- Majority of students consider themselves better prepared as a result of AFTB training
- Increased confidence in dealing with a broad spectrum of tasks
- Increased awareness of the challenges of Army life and available support
- Increased confidence in understanding Army culture
- Family support group/unit classes most successful
- Child care and transportation are potential obstacles to participate

* To Answer CSA Question: Does AFTB Work?
YES Must make a concerted effort to meet the needs of foreign-born/minority spouses



AFTB Accomplishments

- Since Jun 94, trained 3500 Master Trainers
- Army Family Team Building Day - 16 Dec
- Revised Levels I, II, and III
- Revised Master Trainer Curriculum
- Translated all Levels - Spanish, German, Korean



Foreign language translation of
the *What's Next Guide to Family
Readiness*



AFTB Accomplishments (cont.)

- Developed Senior Spouse Leadership Seminar for the Army War College and Sergeants Major Academy
- Conducted first Master Trainer Update/Professional Development Course
- Developed and distributed the Handbook
- Commercial sponsorship for AFTB
- AFTB Marketing Video





AFTB Challenges

- Increase student participation
- Retain Master Trainers
- Increase marketing efforts
- Child care and transportation
- Meet the needs of foreign-born and minority spouses





AFTB Initiatives

- Publish AFTB DA Circular
- Continue to improve NetTrainer System
- Implement Management Report
- Conduct Program Assessment
- Develop Strategic Plan for future years
- Develop Installation Cdr Spouse Training





Keys to Success

Command and Staff Support

**Volunteer to Volunteer
Instruction**

Representative Mix of





Bottom Line

Army Family Team Building

A *True* Family
Member
Program
Designed *By*
Family Members
For Family
Members

